

# WEEK 2: DEVELOP DISCERNMENT

## **"Hearing in the Noise"**

**The Goal:** To move from "spiritual static" (confusion/clutter) to "Kingdom Intelligence" (clear instruction).

### **Step 1: Open the Word**

Read these texts and focus on the **mode** of God's communication.

- **Primary Text:** 1 Kings 19:11–13
  - **Supporting Texts:** John 10:27, Hebrews 5:14, James 3:17, Colossians 3:15
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### **Step 2: Kingdom Insight (The Frequency of the King)**

Elijah stood on the mountain and witnessed three high-intensity events: a Great Wind, an Earthquake, and a Fire. These were spectacular, but the text says God was not in them. He was found in the *kol demamah dekkah*—the **"sound of thin silence."**

**The Deep Truth:** The enemy uses "volume" to create "vagueness." If the world can keep you overwhelmed by the loud (the news, the economy, the opinions), you will miss the quiet frequency of the Spirit. **Discernment** is the ability to filter out the spectacular to find the supernatural. You are not just looking for a "loud sign"; you are listening for a "whispered instruction."

**Implementation:** Discernment is a muscle that is trained through **the subtraction of noise**. If your internal world is as loud as the external world, you will always be confused. You "prepare for what is to come" by learning the sound of the Shepherd's voice before the crisis hits.

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### **Step 3: Discovery Questions**

1. **1 Kings 19:12** – Why do you think God chose to speak after the wind, earthquake, and fire rather than during them?
2. **John 10:4–5** – The sheep follow the Shepherd because they "know his voice." How do you personally distinguish God's voice from your own thoughts?
3. **Hebrews 5:14** – This verse says discernment comes by "reason of use." What happens to our ability to hear when we go long periods without practicing silence?
4. **James 3:17** – List the 8 qualities of "Wisdom from above." Which of these is most missing in your current decision-making?

5. **Colossians 3:15** – How does the "Peace of God" act as an "umpire" (ruler) when you are trying to discern a direction?
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#### **Step 4: Kingdom Notes & Journaling**

Use this space to audit the "volume" of your life.

- What "fire or earthquake" in my life is currently distracting me from the "still, small voice"?
  - When was the last time I received a spiritual "nudge" that I ignored? What was the result?
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#### **Step 5: Call to Action — THE FREQUENCY FILTER**

- **The 10-Minute Listen:** Every day this week, sit for 10 minutes in absolute silence. No prayer requests, no worship music, no phone. Just say, "Speak, Lord, for your servant is listening," and wait.
- **The Peace Audit:** Before making any decision this week, stop and check your "Internal Umpire." If there is no peace, there is no "Go" from the Kingdom.

**Weekly Synopsis:** If you can hear the whisper, you will not be deceived by the shout. Preparation requires a tuned ear.